

DST BERMUDA SWIMMING – FEES*

2019/ 2020

Annual*				Monthly	Daily Drop-In
Competitive**	Masters / Triathletes	Non-Competitive Swimming	Returning Students**	(over 18 y.o. or CAS/DoE students)	
\$1,500	\$1,100	\$1,100	\$300	\$150/month	\$25 weekdays \$30 Saturdays



WITH A PHILOSOPHICAL APPROACH PREMISED ON SWIMMING ACROSS THE LIFESPAN, ALL DST TRAINING SESSIONS ARE DESIGNED AND BLENDED BY ABILITY AND INDIVIDUAL PERFORMANCE GOALS AND PLANS.

Competitive Swimmers, Masters and Triathletes

Practices geared towards senior-level athletes becoming swim fit and refining stroke technique***.

Basic Swimmers including Flippers and Juniors

Practices for juniors focusing on fitness and core, commencing with a supervised warmup. Stroke technique development from 5:30pm onwards. Parents welcome.

Start dates for Tuesday and Thursday afternoon sessions TBD.

Endurance & Coaching Strategy (All DST)

High intensity, **Saturday** training sessions combined with hands-on coach development and club strategy sessions led by the DST Head Coach.

Payments should be made to **HSBC 006 042 584 001**

*25% discount on memberships for any additional family member living in the same household

** Competitive membership fees take into consideration BASA registration and meet entry fees.

***Registered college or university students returning to Bermuda for school breaks, i.e., Dec.- Jan. & Jun.-Aug.